

Sisu Ski School: Fundamentals of Skate Skiing AND Lunch!!!



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What: A ski class designed as an introduction to skiing for **beginner to Intermediate level skiers**. Whether you just bought a new pair of skis or would like to refine your skating technique, our experienced instructors will help you improve your fundamentals and make you a better skier. A tasty healthy lunch is included after we ski and is a fun time to digest the days skiing experience.

Where: Green Acres Ski Trails—Lake Elmo.

When: 5 Friday Lunch sessions beginning January 22nd, continuing through Feb 19th, 11:00am to 12:30

Other Details: Cost is \$150 for the 5 week class including lunch. Class will always be held so dress for conditions. Trails are groomed daily—come early, stay late—enjoy the skiing!

Sign-up: Online at www.siskuskiers.org or mail in registration form with check made out to Sisu: Sisu Nordic Ski Foundation, P.O. Box 485, Willernie, MN 55090

More info:
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