

# Sisu Ski School: Fundamentals of Skiing



**Classic**                      or                      **Skate**

**What:** A ski class designed as an introduction to skiing fundamentals for beginner to intermediate level skiers (classic or skate). Whether you just bought a new pair of skis or would like to refine your skating technique, our experienced instructors will help you improve your fundamentals and make you a better skier. Choose classic or skate class when you sign up.

**Where:** Battle Creek Park—St. Paul. (Trails with lights!)

**When:** 5 Monday Nights beginning February 6th, continuing through March 5th, 7:00 to 8:00pm

**Other Details:** Cost is \$100 for the 5 week class. Class will always be held so dress for conditions. Trails are lit so come early, stay late, and enjoy the skiing!

**Sign-up:** Online at [www.sisuskiers.org](http://www.sisuskiers.org) or mail in registration form with check made out to Sisu:  
Sisu Nordic Ski Foundation, P.O. Box 485, Willernie, MN 55090

**More info:**

[info@sisuskiers.org](mailto:info@sisuskiers.org) • 651.964.8442

