

Sisu Ski School: Fundamentals of Skiing



Classic or **Skate**

What: A ski class designed as an introduction to skiing fundamentals for beginner to intermediate level skiers (classic or skate). Whether you just bought a new pair of skis or would like to refine your skating technique, our experienced instructors will help you improve your fundamentals and make you a better skier. Choose classic or skate class when you sign up.

Where: Battle Creek Park—St. Paul. (Trails with lights!)

When: 5 Monday Nights beginning January 2nd, continuing through Jan 30th, 7:00 to 8:00pm

Other Details: Cost is \$100 for the 5 week class. Class will always be held so dress for conditions. Trails are lit so come early, stay late, and enjoy the skiing!

Sign-up: Online at www.sisuskiers.org or mail in registration form with check made out to Sisu:
Sisu Nordic Ski Foundation, P.O. Box 485, Willernie, MN 55090

More info:

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